



## Geelong Swimming Club Learn to Swim Transition Squad

Geelong Swimming Club, Learn to Swim provides an opportunity for LTS students to progress and join the Geelong Swimming Club (GSC). Transition squad provides on deck coaching with experienced and accredited GSC coaches and provides a pathway to competitive swimming.

### Transition Squad outcomes

- Continue to focus on swimmer's development and technique
- Build endurance and fitness to increase squad-based training
- Develop an understanding of the GSC's culture and environment
- Provide guidance and education that will enable swimmers to confidentially participate in a swimming carnival

### Selection Criteria

Swimmers considering joining should meet the following criteria

- Be motivated to swim fast and have fun
- Swim a minimum of 50m Freestyle, 50m Backstroke & 25m Breaststroke kick
- Demonstrate a basic diving technique
- Hold a streamlined push off
- Commit to 1 x Learn to Swim lesson + 1 x 60min Transition squad session

### Transition timetable options

Monday	Wednesday	Thursday	Saturday
6.45pm – 7.45pm	6.30pm – 7.30pm	6.30pm – 7.30pm	11.30 – 12.30

### Pricing

The pricing structure has been developed to support the transition of LTS swimmers to the club.

Transition Squad fees are provided at a reduced rate of \$10 per hour lesson. Transition squad fees are added to your LTS direct debit.

An annual GSC membership that includes the Swimming Victoria and Swimming Australia membership fees is applicable as follows –

Swimmer 9/over	\$242
Swimmer 8/under	\$232
*Adult	\$46

\* An Adult must be registered with a swimmer under 18

Please see your Pool Deck Supervisor on deck or contact [info@geelongsccls.org.au](mailto:info@geelongsccls.org.au) for further information

