



Geelong Swimming Club Learn To Swim Transition Squad

Geelong Swimming Cub, Learn to Swim provides and opportunity for LTS Swimmers to start a competitive pathway into the Geelong Swimming Club (GSC). Transition squad provides on deck accredited GSC coaches to improve competitive strokes as an introduction into Club Level Swimming.

Transition Squad Outcomes:

- Continue to improve and establish competitive technique for all four strokes
- Build speed and endurance to increase squad-based training
- Understand GSC's competitive culture and environment
- Provide guidance and education that will enable swimmers to compete at Carnivals

Selection Criteria:

Swimmers are required to meet the following prerequisites before starting Transition Squad:

- Be motivated to swim fast and have fun
- Competent swimming at a level 05 standard: 25m Freestyle and Backstroke, 15m Breaststroke kick
- Hold a streamline push off the wall
- Commit to 1x LTS Lesson and 1x 60minute Transition squad session per week
- Attend 2x Targeted meets every 6 months (Summer and Winter seasons)

Transition timetable options:

Monday	Tuesday (Corio location)	Wednesday	Thursday	Friday	Saturday
6:45-7:45pm	5:45-6:45pm	6:30-7:30pm	5:45-6:45pm	6:30-7:30pm	11:30- 12:30pm

Transition Squad Pricing:

The pricing structure has been developed to support the transition of LTS swimmers to the club.

Transition Squad fees are provided at a reduced rate of \$15 per hour lesson. Transition squad fees are added to your LTS direct debit.

There is also a \$260.88 Membership fee to register your child as a Geelong Swimming Club athlete on the Swim Central website to participate in our targeted meets to maintain a place in the Transition squad.

Please see your Pool Deck Supervisor on deck or contact info@geelongsclts.org.au for further information

^{*}an adult must be registered with a swimmer under 18 years of age